The Joseph Whitaker School
An Academy Specialising in Sports & Performing Arts
Guiding Principles of DofE

- Non-competitive
- Achievable by all
- Voluntary
- Personal development
- Personalised
- Balanced
- Progressive
- Achievement focused
- Demand commitment
- Enjoyable
What are the benefits of taking part?

- Self-belief
- Self-confidence
- A sense of identity
- Independence of thought and action
- Respect and understanding of people from different backgrounds, cultures and walks of life
- A sense of responsibility
- New relationships
- Skills including problem solving, presentation and communication
- The ability to lead and work as part of a team
The Sections

- **Volunteering**: undertaking service to individuals or the community
- **Physical**: improving in an area of sport, dance or fitness activities
- **Skills**: developing practical and social skills and personal interests
- **Expedition**: planning, training for and completion of an adventurous journey in the UK or abroad

At Gold level, participants must do an additional fifth **Residential** section, which involves working and staying away from home doing a shared activity.
Volunteering

**Aim**

“To inspire young people to make a difference within their communities or to an individual’s life and develop compassion by giving service to others”

**Categories**

- Helping people
- Community action and raising awareness
- Coaching, teaching and leadership
- Working with the environment or animals
- Helping a charity or community organisation
Aim

“To inspire young people to achieve greater physical fitness and a healthy lifestyle through participation and improvement in physical activity”

Categories

- Team sports
- Individual sports
- Water sports
- Racquet sports
- Dance
- Fitness
- Extreme sports
- Martial arts
Skill

Aim

“To inspire young people to develop practical and social skills and personal interests”

Categories

- Creative arts
- Performance arts
- Science and technology
- Care of animals
- Music
- Life skills
- Learning and collecting
- Media and communication
- Natural world
- Games and sports
Expedition

**Aim**

“To inspire young people to develop initiative and a sense of adventure and discovery, by planning, training for and completing an adventurous journey as part of a team”

**Preparation**

**Training**

**Practice expedition**

**Qualifying expedition, debrief and presentation**

**Assessment**
Residential (Gold Only)

**Aim**

“To inspire participants through a concentrated involvement with people they don’t know, who are usually from different backgrounds, and bring alternative views to the challenges they will face”

**Categories**

- Developing an existing interest or something new:
- Assisting at a kids’ summer camp
- Joining a conservation project
- Doing a photography course
- Improving language skills on an intensive course
What does this actually mean?

As a DLC we:

- Work directly with The DofE
- Create our own policies & procedures inline with National Governing Bodies
- Create and evolve our own programmes in accordance with DofE
- Support all of our young people through all of the sections
- Have our own DofE Manager / Award Verifier & Qualified Staff
- Audited & licenced annually by The DofE
**Award Timescales**

<table>
<thead>
<tr>
<th>Level</th>
<th>Direct entrants</th>
<th>Previous Award holders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bronze</td>
<td>6 months</td>
<td>n/a</td>
</tr>
<tr>
<td>Silver</td>
<td>12 months</td>
<td>6 months</td>
</tr>
<tr>
<td>Gold</td>
<td>18 months</td>
<td>12 months</td>
</tr>
</tbody>
</table>

Direct entrants are young people starting their DofE programme at either Silver or Gold level, who have not achieved the previous level of Award.
## The Bronze Award (Year 9)

<table>
<thead>
<tr>
<th>Volunteering</th>
<th>Physical</th>
<th>Skills</th>
<th>Expedition</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 months</td>
<td>3 months</td>
<td>3 months</td>
<td>Plan, train for and complete a 2 day, 1 night expedition</td>
</tr>
</tbody>
</table>

All participants must undertake a **further 3 months in the Volunteering, Physical or Skills section.**
## The Silver Award (Year 10)

<table>
<thead>
<tr>
<th>Volunteering</th>
<th>Physical</th>
<th>Skills</th>
<th>Expedition</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 months</td>
<td>One section for 6 months and the other section for 3 months</td>
<td></td>
<td>Plan, train for and complete a 3 day, 2 night expedition</td>
</tr>
</tbody>
</table>

*Direct entrants must undertake a **further** 6 months in the Volunteering or the **longer** of the Physical or Skills sections.*
<table>
<thead>
<tr>
<th>Volunteering</th>
<th>Physical</th>
<th>Skills</th>
<th>Expedition</th>
<th>Residential</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 months</td>
<td>One section for 12 months and the other section for 6 months</td>
<td></td>
<td>Plan, train for and complete a 4 day, 3 night expedition</td>
<td>Undertake a shared activity in a residential setting away from home for 5 days and 4 nights</td>
</tr>
</tbody>
</table>

*Direct entrants must undertake a further 6 months in either the Volunteering or the longer of the Physical or Skills section.*
<table>
<thead>
<tr>
<th>Role</th>
</tr>
</thead>
<tbody>
<tr>
<td>International Mountain Leader (IML) MLT</td>
</tr>
<tr>
<td>Winter Mountain Leader (WML) MLT</td>
</tr>
<tr>
<td>Summer Mountain Leader (SML) MLT</td>
</tr>
<tr>
<td>Hill &amp; Moorland Leader MLT</td>
</tr>
<tr>
<td>Lowland Leader Level 3 Sports Leaders UK / MLT</td>
</tr>
<tr>
<td>Assistant Lowland Leader Level 2 Sports Leaders UK / Lowland Leader MLT</td>
</tr>
</tbody>
</table>
Who will be looking after your child?

Technical Staff

Pastoral Staff

DLC Manager
Expedition Lead
Supervisor

Bronze Technical Staff
Minimum Lowland Leader
Level 3

Silver Technical Staff
Minimum Lowland Leader
Level 3
Hill & Moreland Leader

Gold Technical Staff
Hill & Moreland Leader
Summer Mountain Leader

Pastoral Staff
How many staff are on Expedition?

The amount of staff on expeditions are influenced by factors including:

- Minimum guidance ratios as set out in the DLC’s Policies & Procedures
- Specific needs which have been risk assessed
- The type of terrain (countryside, Moreland or mountainous)
- The number of candidates
- The group make up (male vs female)
- The stage of the award (training or qualifying expedition)
Levels of Supervision

There are 3 different levels of supervision which are employed over the awards:

**DIRECT SUPERVISION**
This is employed usually when:
- During the training phase when teaching
- During cooking at the practice phase
- During areas of high Risk

**IN - DIRECT SUPERVISION**
This is employed usually when:
- During the Practice phase
- During the Qualifying Phase

**REMOTE SUPERVISION**
This is employed usually when:
- During the Qualifying Phase
Important Information for all awards

- All students can access the awards
- The awards start immediately from when you hand the forms in
- Each candidate must be committed to completing all sections of the award and not just the expedition
- All elements of the expedition section must be attended in its entirety
- Standards of behaviour mirror that of a normal school day
- All transport (unless stated) is provided by parents
- All communications from The Joseph Whitaker School will be via email
- Mobile phones can be taken on expedition but cannot be used unless in an Emergency
- All students must fulfil the 20 conditions of the award
- All dates are fixed and non-moveable
The Bronze Award

The Bronze Award is split into 3 different sections:

- **Training** (2 Days 1 Night based at school)
- **Practice** (2 Days 1 Night based within in Nottinghamshire)
- **Qualifying** (2 Days 1 Night based within the White Peak)
# The Bronze Award Expedition Dates

<table>
<thead>
<tr>
<th>Element</th>
<th>Date</th>
<th>Day</th>
<th>Start Time</th>
<th>Finish Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>1: Parents Launch Event</td>
<td>26/09/2017</td>
<td>Tuesday</td>
<td>19.00</td>
<td>20.00</td>
<td>Main School Hall</td>
</tr>
<tr>
<td>2: EdofE Session</td>
<td>16/10/2017</td>
<td>Monday</td>
<td>15.15</td>
<td>16.15</td>
<td>Library</td>
</tr>
<tr>
<td>3: Kit &amp; Food Workshop</td>
<td>17/04/2018</td>
<td>Tuesday</td>
<td>15.15</td>
<td>17.30</td>
<td>6th Form Centre, JWS</td>
</tr>
<tr>
<td>4: Training</td>
<td>28/04/2018</td>
<td>Saturday</td>
<td>09.00</td>
<td>Sleep</td>
<td>6th Form Centre, JWS</td>
</tr>
<tr>
<td>5: Training</td>
<td>29/04/2018</td>
<td>Sunday</td>
<td>Sleep</td>
<td>15.00</td>
<td>6th Form Centre, JWS</td>
</tr>
<tr>
<td>6: Practice Expedition</td>
<td>19/05/2018</td>
<td>Saturday</td>
<td>09.00</td>
<td>Sleep</td>
<td>Nottinghamshire</td>
</tr>
<tr>
<td>7: Practice Expedition</td>
<td>20/05/2018</td>
<td>Sunday</td>
<td>Sleep</td>
<td>15.00</td>
<td>Nottinghamshire</td>
</tr>
<tr>
<td>8: Qualifying Expedition</td>
<td>30/06/2018</td>
<td>Saturday</td>
<td>09.00</td>
<td>Sleep</td>
<td>Peak District</td>
</tr>
<tr>
<td>9: Qualifying Expedition</td>
<td>01/07/2018</td>
<td>Sunday</td>
<td>Sleep</td>
<td>15.00</td>
<td>Peak District</td>
</tr>
</tbody>
</table>
The Silver Award

The Silver Award is split into 3 different sections

**Training** (2 Days 1 Night based within the White Peak)

**Practice** (2 Days 2 nights based within the White Peak)

**Qualifying** (3 Days 2 nights based within the White Peak & Lower Dark Peak)
<table>
<thead>
<tr>
<th>Element</th>
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<td>20.00</td>
<td>Main School Hall</td>
</tr>
<tr>
<td>2: EdofE Session</td>
<td>16/10/2017</td>
<td>Monday</td>
<td>15.15</td>
<td>16.15</td>
<td>Library</td>
</tr>
<tr>
<td>3: Training</td>
<td>14/07/2018</td>
<td>Saturday</td>
<td>09.00</td>
<td>Sleep</td>
<td>Peak District</td>
</tr>
<tr>
<td>4: Training</td>
<td>15/07/2018</td>
<td>Sunday</td>
<td>Sleep</td>
<td>15.00</td>
<td>Peak District</td>
</tr>
<tr>
<td>5: Practice Expedition</td>
<td>28/09/2018</td>
<td>Friday</td>
<td>Sleep</td>
<td>Depart school 15.30 Parental Transport</td>
<td>Peak District</td>
</tr>
<tr>
<td>6: Practice Expedition</td>
<td>29/09/2018</td>
<td>Saturday</td>
<td>09.00</td>
<td>Sleep</td>
<td>Peak District</td>
</tr>
<tr>
<td>7: Practice Expedition</td>
<td>30/09/2018</td>
<td>Sunday</td>
<td>Sleep</td>
<td>16.00</td>
<td>Peak District</td>
</tr>
<tr>
<td>8: Qualifying Expedition</td>
<td>27/10/2018</td>
<td>Saturday</td>
<td>09.00</td>
<td>Sleep</td>
<td>Peak District</td>
</tr>
<tr>
<td>8: Qualifying Expedition</td>
<td>28/10/2018</td>
<td>Sunday</td>
<td>Sleep</td>
<td>Sleep</td>
<td>Peak District</td>
</tr>
<tr>
<td>9: Qualifying Expedition</td>
<td>29/10/2018</td>
<td>Monday</td>
<td>Sleep</td>
<td>16.00</td>
<td>Peak District</td>
</tr>
</tbody>
</table>
The Gold Award

The Gold Award is split into 4 different sections:

- **Training 1** (2 Days 1 Night based within the Dark Peak)
- **Training 2** (2 Days 2 Nights based around Snowdonia National Park)
- **Practice** (3 Days 2 nights based around the Yorkshire Dales)
- **Qualifying** (4 Days 3 nights based in the Lake District)
# The Gold Award Expedition Dates

<table>
<thead>
<tr>
<th>Element</th>
<th>Date</th>
<th>Day</th>
<th>Start Time</th>
<th>Finish Time</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
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<td>20.00</td>
<td>Main School Hall</td>
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<tr>
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<td>16/10/2017</td>
<td>Monday</td>
<td>15.15</td>
<td>16.15</td>
<td>Library</td>
</tr>
<tr>
<td>3: Gold Training 1</td>
<td>18/11/2017</td>
<td>Saturday</td>
<td>09.00</td>
<td>Sleep</td>
<td>Peak District</td>
</tr>
<tr>
<td>4: Gold Training 1</td>
<td>19/11/2017</td>
<td>Sunday</td>
<td>Sleep</td>
<td>15.00</td>
<td>Peak District</td>
</tr>
<tr>
<td>5: Route Card Planning</td>
<td>02/12/2017</td>
<td>Saturday</td>
<td>09.00</td>
<td>16.00</td>
<td>6th Form Centre</td>
</tr>
<tr>
<td>6: Gold Training 2</td>
<td>17/03/2018</td>
<td>Saturday</td>
<td>09.00</td>
<td>Sleep</td>
<td>Peak District / Snowdon (May Leave Friday)</td>
</tr>
<tr>
<td>7: Gold Training 2</td>
<td>18/03/2018</td>
<td>Sunday</td>
<td>Sleep</td>
<td>15.00</td>
<td>Peak District / Snowdon</td>
</tr>
<tr>
<td>8: Gold Practice Travel</td>
<td>20/04/2018</td>
<td>Friday</td>
<td></td>
<td>Depart School 15.15 Transport Provided</td>
<td>Yorkshire Dales</td>
</tr>
<tr>
<td>9: Gold Practice Day 1</td>
<td>21/04/2018</td>
<td>Saturday</td>
<td>Sleep</td>
<td>Sleep</td>
<td>Yorkshire Dales</td>
</tr>
<tr>
<td>10: Gold Practice Day 2</td>
<td>22/04/2018</td>
<td>Sunday</td>
<td>Sleep</td>
<td>Sleep</td>
<td>Yorkshire Dales</td>
</tr>
<tr>
<td>11: Gold Practice Day 3</td>
<td>23/04/2018</td>
<td>Monday</td>
<td>Sleep</td>
<td>20.00</td>
<td>Yorkshire Dales</td>
</tr>
<tr>
<td>12: Gold Qualifying Build Up</td>
<td>21/07/2018</td>
<td>Saturday</td>
<td>Depart School 10.00 Transport Provided</td>
<td>Sleep</td>
<td>Lake District</td>
</tr>
<tr>
<td>13: Gold Qualifying</td>
<td>22/07/2018</td>
<td>Sunday</td>
<td>Sleep</td>
<td>Sleep</td>
<td>Lake District</td>
</tr>
<tr>
<td>14: Gold Qualifying</td>
<td>23/07/2018</td>
<td>Monday</td>
<td>Sleep</td>
<td>Sleep</td>
<td>Lake District</td>
</tr>
<tr>
<td>15: Gold Qualifying</td>
<td>24/07/2018</td>
<td>Tuesday</td>
<td>Sleep</td>
<td>Sleep</td>
<td>Lake District</td>
</tr>
<tr>
<td>16: Gold Qualifying</td>
<td>25/07/2018</td>
<td>Wednesday</td>
<td>Sleep</td>
<td>20.00</td>
<td>Lake District</td>
</tr>
</tbody>
</table>
What do the award costs include?

All level of the Award involve:

✓ Award registration to DofE
✓ Access to Edofe to upload all information and all support information
✓ SPOT 2 Satellite Trackers
✓ All training, practice & qualifying fees
✓ Campsite fees
✓ Tents / Sleeping Accommodation (Award dependant)
✓ Cooking Stoves
✓ Insurance
SPOT Trackers

- Position
- Timing & Speed
- Distance Travelled
- Bearing
- Email Messages
- Text Messages
- Screen Messages
- Support
- Peace of mind
- Knowledge
- Back-up systems
- Time Saving
- Improved Safety
- Improved Efficiency
- Improved Teaching
- Emergency Back-up

Know what happens between Checkpoints!
What do candidates need to provide?

All candidates need to provide personal equipment. Before you panic consider:

- What kit do you already have?
- Have you got any brother/sisters who have already done the award?
- Have you got any friends who have done the award?

The main items which you need to provide are:

- **3 Season Rated Sleeping Bag**
- **Waterproof Jacket & Trousers**
- **Walking Boots with Ankle support**
- **Food for each expedition**
- **Gas canisters for cooking**

A full information guide has been distributed with the initial letters for your information.
Where should I purchase the kit?

- As part of the award registration process you get a Cotswolds Discount Card 15%
- Go Outdoors offer a 10% discount with the card in store
- Sports Direct in Shirebrook have excellent offers available
How do I get a place on the Award?

☑ All paperwork should be completed and returned to Student Services (Available on school website & Insight)
☑ The initial deposit must be made on Parent Pay (Please note both must be completed)
☑ Confirmation will be sent via email
What happens once I have a place?

- Organise your activities for your Volunteering, Physical and Skill sections.
- Everything must be recorded on eDofE as soon as possible.
- We will check and approve the plan for your activities.
- Without eDofE being filled in, and dates correct, no award!
I’ve done my sections, now what?

- Assessor’s Reports with correct date and duration are the minimum required
- Paper copy, scanned and uploaded
- Electronic submission also OK, links are all in eDofE!
- We deal with the expedition section except the presentation
All done…

- Award approval issued
- Invitation to the D of E Presentation evening
- Badge and certificate
- Can start next level without having to do extra!
Questions?