



## Relationships and Sex Education Policy



## RELATIONSHIPS AND SEX EDUCATION POLICY

Joseph Whitaker School Relationships and Sex Education Policy upholds the principles of the 1988 Education Act that ....

Sex education should be given in such a manner as to encourage pupils to have regard to moral considerations and the value of family life.

### Aims of RSE

- To equip all our students to make rational, responsible decisions regarding sexual behaviour and to carry those decisions through.
- To encourage students to appreciate the value of stable family life, of loyal partnership and the responsibilities of parenthood.
- To establish a climate in which students with anxieties about personal or sexual problems feel confident about seeking appropriate advice from reliable sources.
- To emphasise the physical, emotional and moral implications of sexual behaviour.
- To encourage respect for others, dignity, self-restraint and an awareness that both sexes have responsibilities in these matters.
- To correct unsound information and misunderstandings.

### Objectives of Relationships and Sex Education

That students will understand:

- The way our bodies work, change and the emotional and physiological differences between the sexes, menstruation and reproduction.
- The nature and transmission of sexually transmitted infections
- The range, operation and effectiveness of contraceptive strategies.
- The nature and implications of abortion.
- The need to become skilful in the communication of sexual matters, resisting unwanted pressures, negotiating safe behaviour and thinking beyond the immediate consequences of their actions.
- The availability of statutory and voluntary organisations that can offer support in human relationships.

### The Underlying Framework of Moral Values

The Governing Body and the Head Teacher shall take such steps as are reasonably practicable to secure that where relationships and sex education is given to any registered pupils at the school it is given in such a manner as to encourage those pupils to have due regard to moral considerations to the value of family life. In line with the whole school ethos the following moral values are upheld in RSE:

- Sexuality is an integral part of being human and is not defined solely in terms of sexual acts. Sexual intercourse has its proper context in a loving long-term relationship, ideally in the context of a lifelong marriage partnership.
- Students have a right to say **No** and a decision not to be sexually active is a positive one.
- Parents of students may hold a variety of religious, moral and cultural views and these will be respected and presented fairly.

## Teaching Organisation

Relationships and Sex education is a unit within the Health Education strand of PSHCE.

- The programme allows continuity with, and progression from primary work done in Key Stages 1 and 2.
- The programme is related to the age and ability of the pupils, some topics being dealt with in Key Stage 3 and again in more depth in Key Stage 4.
- Sex Education will be delivered within Science, and in PSCHE by Group Tutors and by agencies who specialise in sex education bought in by the school.
- A balanced range of teaching methods will be used.

## The Relationships and Sex Education Curriculum

Key Stage 3	
• The biological basis of human sexuality, reproduction development childbirth, growth, menstruation	Science
• The physical and emotional changes during adolescence	Science
• Friendship, attraction, love, respect and responsibility	PSHE/English
• Personal choice in managing relationships, sexual relationships,	PSHE/Drama
• Gender roles, sexual attitudes and behaviours	PSHE/English/RE
• Personal safety, the right not to be sexually active, consequences, consent	PSHE/Drama
• Moral and personal values, lifestyles of different groups, cultures. Religions	PSHE/RE
• Contraception, pregnancy and STIs	PSHE/English
• The value of a stable, loving family life, good parenting	PSHE/English

Key Stage 4	
• Building relationships, ending relationships, expressing feelings	PSHE/Drama/English
• Friendship, attraction, love, respect, responsibility	PSHE/English
• Gender roles, sexual attitudes and behaviours	PSHE/English
• Marriage, separation, divorce	PSHE/ RE/Sociology/BTEC H&SC
• Parenting and childcare	PSHE/BTEC H&SC
• Sexually transmitted infections including HIV/AIDS	PSHE/Science/BTEC H&SC
• Contraception, Abortion	PSHE/BTEC H&SC/Science
• Sexual harassment and personal safety	PSHE/BTEC H&SC

## Teaching Resources

Resources used in teaching RSE reflect values that are in line with those embodied in this policy statement. Visiting speakers will be made aware of this policy statement.

## Specific Issue Statements

Confidentiality	Teachers cannot promise complete confidentiality to their students.
Guidance on contraceptives	Teachers will give general teaching on contraception but not specific individual advice.
Homosexuality	Teachers will not intentionally promote homosexual behaviour.
Legal Issues	Teachers will make pupils aware of the law relating to sexual behaviour.

## Related Policy Matters

Equal Opportunities	All students will be offered the same opportunity to benefit from the RSE programme.
Parental Withdrawal	Parents have the right to withdraw their children from all or part of Relationships and Sex Education that falls outside the National Curriculum. If a parent wishes to withdraw a child, the school must be notified. Parents will be invited to explain their reasons for withdrawal. Arrangements must be made in such a way as to minimise any embarrassment to the pupil and to ensure there is no disruption to other elements of their education.

Copies of the Relationships and Sex Education Policy statement are available, on request, to all parents.

This document will be reviewed every three years.

Adoption by governing body:

Signature 	Date 7.12.17
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Headteacher

Signature 	Date 7.12.17
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Chair of Governors



## **The Joseph Whitaker School**

*A Specialist Sports College & Foundation School*

November 2017