

WEEK ONE

MONDAY 3/9 24/9 15/10 12/11 3/12	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SAUSAGE & MASHED POTATOES	ROAST LUNCH	STEAK PIE	CHICKEN CURRY & RICE	FISH & CHIPS
VEGETARIAN SAUSAGE & MASHED POTATOES	MEDITERRANEAN QUORN	QUORN & TOMATO PIE	VEGEMINCE CHILLI CON CARNE & RICE	FALAFEL BURGER IN A BUN
PIZZA FLATBREAD	PANINI OR CHICKEN SCHNITZEL IN A BUN	CHEESEBURGER OR VEGEBURGER	WEDGES & CHICKEN CHUNKS OR PANINI	HOT & SPICY CHICKEN IN A BUN
SALAD AVAILABLE WHERE APPROPRIATE WITH ALL OF THE ABOVE IN PLACE OF VEGETABLES				
FRUIT SLICE & CUSTARD	FRUIT PIE & CUSTARD		CHERRY SHORTCAKE & CUSTARD	ST. CLEMENTS STEAMED SPONGE
COOKIES*, JELLIES, YOGHURTS AND FRESH FRUIT AVAILABLE ALL DAY	COOKIES*, JELLIES, YOGHURTS AND FRESH FRUIT AVAILABLE ALL DAY	COOKIES*, JELLIES, YOGHURTS AND FRESH FRUIT AVAILABLE ALL DAY	COOKIES*, JELLIES, YOGHURTS AND FRESH FRUIT AVAILABLE ALL DAY	COOKIES*, JELLIES, YOGHURTS AND FRESH FRUIT AVAILABLE ALL DAY
PASTA BAR	PASTA BAR	PASTA BAR	PASTA BAR	PASTA BAR

*ONLY AVAILABLE WHEN A MAIN COURSE IS PURCHASED AS PART OF A MEAL DEAL FOR £2.40(FSM VALUE)

WEEK TWO

MONDAY 10/9 1/10 22/10 19/11 10/12	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
COTTAGE PIE	BEEF LASAGNE & GARLIC BREAD	ROAST LUNCH	CHICKEN FAJITA	FISH & CHIPS
VEGEMINCE COTTAGE PIE	MEDITERRANEAN PASTA BAKE & GARLIC BREAD	QUORN ROAST LUNCH	CHEESE & VEGETABLE ENCHILADA	VEGETABLE KIEV
BBQ CHICKEN FLATBREAD	PIZZA PANINI OR SOUTHERN STYLE CHICKEN IN A BUN	BACON CHEESEBURGER	HAM & CHEESE PANINI OR NEW YORK HOT DOG	HOT & SPICY CHICKEN IN A BUN
SALAD AVAILABLE IF APPROPRIATE WITH ALL OF THE ABOVE IN PLACE OF VEGETABLES				
STEAMED JAM SPONGE & CUSTARD	ANGEL DELIGHT & MINI SHORTBREAD	SPICED APPLE MUFFIN	BUTTERSCOTCH TART	CHOCOLATE FUDGE BROWNIE
COOKIES*, JELLIES, YOGHURTS AND FRESH FRUIT AVAILABLE ALL DAY	COOKIES*, JELLIES, YOGHURTS AND FRESH FRUIT AVAILABLE ALL DAY	COOKIES*, JELLIES, YOGHURTS AND FRESH FRUIT AVAILABLE ALL DAY	COOKIES*, JELLIES, YOGHURTS AND FRESH FRUIT AVAILABLE ALL DAY	COOKIES*, JELLIES, YOGHURTS AND FRESH FRUIT AVAILABLE ALL DAY
PASTA BAR	PASTA BAR	PASTA BAR	PASTA BAR	PASTA BAR

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WEEK THREE

MONDAY 17/9 8/10 5/11 26/11 17/12	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ CHICKEN TACO	ROAST GAMMON & PINEAPPLE	CHICKEN & VEGETABLE CURRY & RICE	ROAST LUNCH	FISH & CHIPS
MEXICAN QUORN WRAP	HUNTER STYLE QUORN FILLET	VEGETABLE & CHICK PEA CURRY & RICE	VEGETABLE & CHEESE COUNTRY BAKE	PIZZA
CHICKEN & SPICY WEDGES OR PANINI	MEATBALL SUB	CHICKEN PIZZA FLATBREAD	BBQ PULLED PORK WRAP	HOT & SPICY CHICKEN IN A BUN
SALAD AVAILABLE IF APPROPRIATE WITH ALL OF THE ABOVE IN PLACE OF VEGETABLES				
FRUITY FLAPJACK	ICED CHOCOLATE SHORTCAKE	CORNFLAKE TART	BANANA LOAF	HONEY AND OAT COOKIE
COOKIES*, JELLIES, YOGHURTS AND FRESH FRUIT AVAILABLE ALL DAY	COOKIES*, JELLIES, YOGHURTS AND FRESH FRUIT AVAILABLE ALL DAY	COOKIES*, JELLIES, YOGHURTS AND FRESH FRUIT AVAILABLE ALL DAY	COOKIES*, JELLIES, YOGHURTS AND FRESH FRUIT AVAILABLE ALL DAY	COOKIES*, JELLIES, YOGHURTS AND FRESH FRUIT AVAILABLE ALL DAY
PASTA BAR	PASTA BAR	PASTA BAR	PASTA BAR	PASTA BAR

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